

Baltijas kauss biatlonā 3.kārta

Latvijas kauss biatlonā 2023 1.kārta

Programma

08.01.2023.g.

10:00-10:50	Piešaude Zeroing	MW15, M40, M50, M60			
Apbalvošana, Prize giving					
10:15	Slēpošana, Masu starts Skiing, Mass start	MW13	2 km		
Apbalvošana, Prize giving					
11:00	Intervālu starts Interval start	W15	4 km (1+1+1+1)	g+g+g P+P+P	Sods 30 s Penalty 30 s
11:25		M15	6 km (1,5+1,5+1,5+1,5)		
11:47		M60	8,5 km (1,7+1,7+1,7+1,7+1,7)	g+s+g+s P+S+P+S	Sods 30 s Penalty 30 s
11:49		M50, M40	10 km (2+2+2+2+2)		
Apbalvošana, Prize giving					
13:00-13:50	Piešaude Zeroing	MW17, MW19, MW22			
14:00	Intervālu starts Interval start	W17	7,5 km (1,5+1,5+1,5+1,5+1,5)	g+s+g+s P+S+P+S	Sods 45 s Penalty 45 s
14:17		M17, W19	10 km (2+2+2+2+2)		
14:46		M22	12,5 km (2,5+2,5+2,5+2,5+2,5)		Sods 60 s Penalty 60 s
14:49		M19			Sods 45 s Penalty 45 s
14:58		W22			Sods 60 s Penalty 60 s
Apbalvošana, Prize giving					